

COACHING AND MENTORING FOR IMPACT

In-Person

GROUNDING IN THE INTERNATIONAL COACHING FEDERATION (ICF) COACHING PRINCIPLES AND CORE COMPETENCIES, THE PROGRAM HELPS PARTICIPANTS UNDERSTAND WHEN TO COACH, WHEN TO MENTOR, AND HOW TO APPLY BOTH APPROACHES ETHICALLY AND EFFECTIVELY IN THE WORKPLACE



NADA ELGHOSSEIN
TRAINER AND COACH

EFFECTIVE LEADERS DON'T JUST
MANAGE PERFORMANCE, THEY
DEVELOP PEOPLE



IDRAK
EMPOWERING TALENTS

WHO SHOULD ATTEND?

- EXECUTIVES, MANAGERS, AND TEAM LEADERS
- HR, LEARNING & DEVELOPMENT, AND ORGANIZATIONAL DEVELOPMENT PROFESSIONALS
- PROJECT AND FUNCTIONAL LEADERS
- INTERNAL MENTORS, COACHES, AND TALENT DEVELOPMENT PROFESSIONALS

WHAT WILL WE COVER?

- COACHING VS. MENTORING: DEFINITIONS, PURPOSE, AND BUSINESS VALUE
- THE ICF DEFINITION OF COACHING, CORE COMPETENCIES, AND CODE OF ETHICS
- THE ROLE OF LEADERS AS COACHES AND MENTORS
- BUILDING TRUST, PSYCHOLOGICAL SAFETY, AND COACHING PRESENCE
- ACTIVE LISTENING, POWERFUL QUESTIONING, AND EFFECTIVE COMMUNICATION
- COACHING MODELS AND FRAMEWORKS
- STRUCTURING EFFECTIVE MENTORING RELATIONSHIPS AND DEVELOPMENT CONVERSATIONS
- GOAL SETTING, ACCOUNTABILITY, AND PERFORMANCE DEVELOPMENT
- GIVING CONSTRUCTIVE FEEDBACK AND FACILITATING DIFFICULT CONVERSATIONS
- COACHING FOR GROWTH, ENGAGEMENT, AND CAREER DEVELOPMENT
- DEVELOPING A COACHING AND MENTORING CULTURE WITHIN THE ORGANIZATION



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WWW.IDRAK-KW.COM

