

LEADING THROUGH UNCERTAINTY *Webinar*

AN ENGAGING, HIGHLY INTERACTIVE MASTERCLASS DESIGNED TO STRENGTHEN EMPLOYEE WELLBEING AND RESILIENCE FOR SUSTAINABLE PERFORMANCE. GROUNDED IN ORGANIZATIONAL PSYCHOLOGY AND WELLBEING SCIENCE, IT EQUIPS PARTICIPANTS WITH PRACTICAL TOOLS TO MANAGE STRESS, REGULATE EMOTIONS, BUILD HEALTHY HABITS, AND THRIVE IN DEMANDING WORK ENVIRONMENTS.



NADA ELGHOSSEIN
TRAINER AND COACH



THURSDAY, 02 APRIL 2026
12.30-14.00 PM

IN UNCERTAIN TIMES, LEADERS
DON'T JUST PROVIDE ANSWERS,
THEY CREATE MEANING THAT
DRIVES PERFORMANCE AND TRUST



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WHO SHOULD ATTEND?

SENIOR LEADERS, MANAGERS, AND HIGH-POTENTIAL LEADERS IN GCC ORGANIZATIONS

WHAT WILL WE COVER?

1. **PSYCHOLOGY OF UNCERTAINTY**
 - * THREAT VS. CHALLENGE MINDSET
 - * IMPACT ON EMOTIONS & BEHAVIOR
2. **MEANING-MAKING LEADERSHIP**
 - * 4 ROLES:
 - SENSE-MAKER
 - DIRECTION-GIVER
 - ENERGY-HOLDER
 - CULTURE-PROTECTOR
3. **CRISIS SIMULATION**
 - * TEAM-BASED SCENARIO CHALLENGE
4. **CREATING MEANING**
 - * MEANING FRAMEWORK
5. **LEADING EMOTIONS**
 - * EMOTIONAL CONTAGION & REGULATION
 - * CARE MODEL
6. **BUILDING RESILIENT TEAMS**
 - * KEY FACTORS: TRUST, MEANING, AUTONOMY, COMMUNICATION, HOPE



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