

EMPOWERING EXECUTIVE TALENTS 2025



IDRAK



**CLASSROOM
COURSE**

**PSYCHOLOGICAL
SAFETY**

**THE FOUNDATION OF
TEAM EXCELLENCE**

**MANAGEMENT
& LEADERSHIP
PROGRAM**

1 DAY

18 NOVEMBER 2025

**Mrs. NAWAL
AL SAGHIR**

Program

OVERVIEW

THIS ONE-DAY PSYCHOLOGICAL SAFETY TRAINING EQUIPS PARTICIPANTS WITH THE MINDSET AND SKILLS TO CREATE A CULTURE OF TRUST, OPENNESS, AND INCLUSION. THROUGH INTERACTIVE DISCUSSIONS AND PRACTICAL TOOLS, PARTICIPANTS LEARN HOW TO FOSTER OPEN COMMUNICATION, ENCOURAGE DIVERSE PERSPECTIVES, AND BUILD HIGH-PERFORMING, RESILIENT TEAMS WHERE EVERYONE FEELS SAFE TO SPEAK UP AND CONTRIBUTE.

Key TAKEAWAYS



- UNDERSTAND WHAT PSYCHOLOGICAL SAFETY IS AND WHY IT MATTERS FOR PERFORMANCE, INNOVATION, AND WELL-BEING.
- RECOGNIZE THE BARRIERS AND ENABLERS THAT INFLUENCE PSYCHOLOGICAL SAFETY IN TEAMS.
- APPLY COMMUNICATION AND LEADERSHIP SKILLS THAT FOSTER TRUST AND OPENNESS.
- DEVELOP PRACTICAL STRATEGIES AND ACTION PLANS TO BUILD AND SUSTAIN PSYCHOLOGICAL SAFETY.
- ASSESS PSYCHOLOGICAL SAFETY LEVELS AND MAINTAIN A SUPPORTIVE TEAM CULTURE OVER TIME.

Target AUDIENCE?



- **LEADERS & MANAGERS:** TO MODEL AND FOSTER A CULTURE OF TRUST AND OPENNESS.
- **TEAM MEMBERS:** TO BUILD SHARED RESPONSIBILITY AND SPEAK UP CONFIDENTLY.
- **HR & L&D PROFESSIONALS:** TO EMBED PSYCHOLOGICAL SAFETY IN ORGANIZATIONAL SYSTEMS.
- **CROSS-FUNCTIONAL & HIGH-PERFORMANCE TEAMS:** TO STRENGTHEN COLLABORATION, LEARNING, AND INNOVATION.

INVESTMENT



**SYMPHONY STAYLE - SALMIYA
5-STAR HOTEL**



**1 DAY
18 NOVEMBER 2025**



**SPECIAL
OFFER**

115 KWD

Contact

US

NADA ELGHOSSEIN
nada@idrak-kw.com
+965 65583027



Fatma Mohamed
fatma@idrak-kw.com
+965 60909095



Follow

US



@idrak-kw



IDRAK Training & Consultancy
Services

