

An Immersive Parisian Journey
**Transformative Leadership:
Driving Change with Purpose and Impact**

22-26 September 2025
IDRAK Training & Consulting

Transformative Leadership and Change Training Program in the Heart of Paris

Join us for an exclusive five-day journey that seamlessly blends immersive Leadership and Change training with carefully curated cultural and leisure experiences.

This unique program offers the perfect opportunity to sharpen your leadership skills while embracing the spirit of Paris.

Each day is thoughtfully designed to maximize transformation, challenge conventional thinking, and inspire fresh perspectives. Training sessions will be held in iconic Parisian locations, each reflecting the city's authenticity, *savoir-faire*, and *savoir-être*.

Engage in dynamic roundtables with esteemed guest speakers, gaining invaluable insights and building meaningful connections with like-minded leaders. Exclusive site visits will immerse you in Paris's vibrant landscape, providing new perspectives that fuel creativity and innovation.

Set against the backdrop of Paris's rich cultural heritage, this unparalleled experience is a catalyst for growth, learning, and personal discovery—combining professional development with unforgettable moments of inspiration.

PROGRAM OVERVIEW

LOCATION

Paris, France

LENGTH AND DATE

Total days of the Program – 5 Days

From September 22 until September 26, 2025.

PARTICIPATION DETAILS: Maximum 20 Delegates

PRICE PER PARTICIPANT KWD1,645

Confirmation of participation by July 30th, 2025

*** (5% discount for 5+ participants)

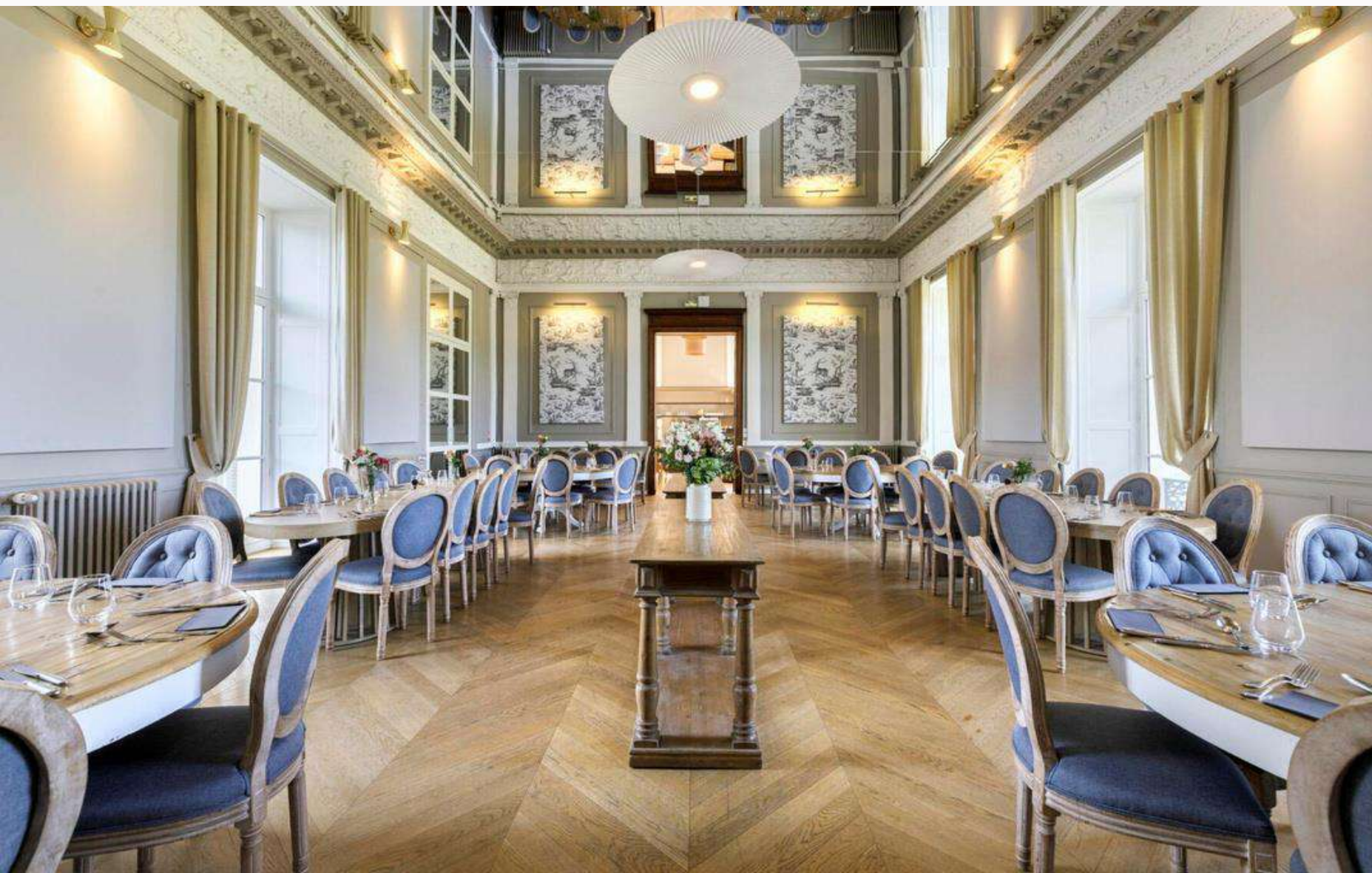
EARLY BIRD DISCOUNT KWD1,595

BY June 30th, 2025

DAY 1 & 2 VENUE

HEC LE CHATEAU

This 19th-century neoclassical Château with an English garden is now dedicated to the teaching of HEC Executive Education programs. Located in the heart of a 110-hectare park that is home to a wide diversity of flora and fauna, this unique setting is ideal for team-building, reflection, and relaxation.



DAY 1 Program

Crafting Your Leadership Blueprint



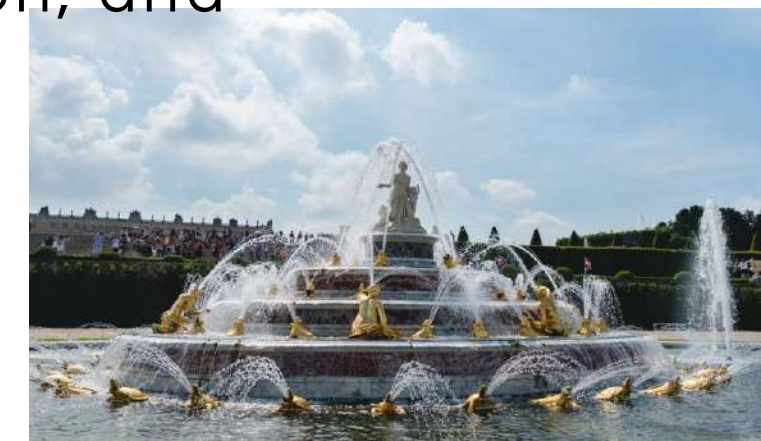
Training Sessions 9:30a.m.-12:30p.m.

These sessions establish the foundational strategies and principles of effective leadership, which are essential for organizational success. Participants will explore key leadership theories, practical applications, and the traits of successful leaders. This training will also cover adaptability in leadership styles, building trust and credibility, and influencing teams and organizations. By the end of the day, participants will gain actionable strategies to enhance leadership effectiveness and navigate diverse challenges.

Lunch at HEC LE CHÂTEAU 12:30p.m.-2:00p.m.

Afternoon in Versailles 2a.m-4p.m.

Participants will engage in a reflective walk through the magnificently crafted gardens of Versailles Castle, surrounded by elegant fountains where streams of water dance in harmony with music. This experience offers a unique blend of inspiration, relaxation, and cultural enrichment.



DAY 2 Program

Navigating Global Leadership with Emotional Intelligence

Training Sessions 9:30a.m.-12:30p.m.

These sessions focus on the vital role of emotional intelligence in global leadership. Participants will explore strategies to enhance self-awareness, self-management, empathy, and social awareness—key to leading diverse teams effectively. These sessions also cover conflict resolution, communication techniques, and fostering a culture of trust and psychological safety. Practical tools will be provided to lead with empathy and navigate multicultural environments successfully.

Lunch at HEC LE CHÂTEAU 12:30p.m. - 1:30p.m.

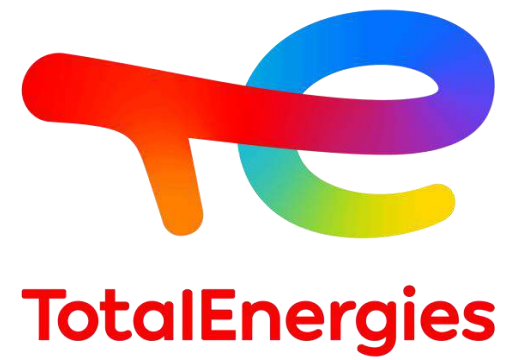
Guest Speaker 1:30 p.m. - 3:30p.m.

- Professor from HEC Executive Leadership Education Program.
- Round tables with guest speakers provide a unique opportunity to expand your knowledge, to build inspiring connections that spark fresh perspectives.



DAY 3 VENUE

TOTALENERGIES SITE VISIT



This session may take place at one of TotalEnergies' sites undergoing a renewable energy transition outside Paris or at the TotalEnergies Innovation Hub in Station F, which may include a visit to one of the "soft energy" electrical stations.

Station F is a global powerhouse for entrepreneurship and digital innovation, housed in a repurposed historic railway depot. Station F's bustling campus and rich cultural heritage embody Paris's inventive spirit, creating an energizing environment for progressive learning and networking. You'll experience the power of ecosystems and partnerships fueling groundbreaking ventures.

Whether at Station F or another pioneering TotalEnergies location, you'll gain invaluable insights into change leadership, sustainable strategies, and the future of the energy sector.



DAY 3 Program

Leading Change with Agility and Vision

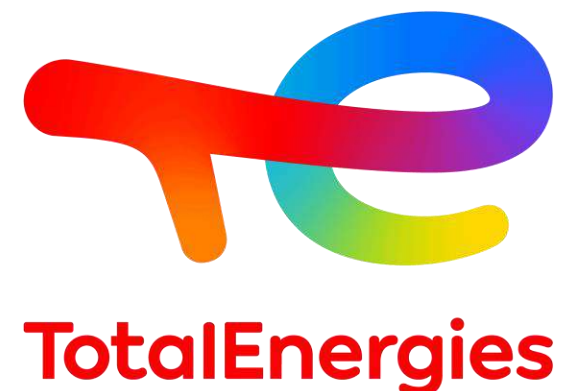
TOTALENERGIES 9a.m. – 1p.m.

This day explores the core principles of adaptive leadership, focusing on flexibility and foresight in times of change. Participants will learn to develop clear visions, align strategies with organizational goals, and empower teams to navigate uncertainty with confidence. The training also covers agile decision-making and practical tools to drive purposeful transformation and lead effective change.

LUNCH at TOTALENERGIES 1p.m.-2p.m.

GUEST SPEAKERS 2p.m.-4p.m.

Meet and discuss with Leaders from TotalEnergies that will be sharing their experience in leading change.



DAY 4 VENUE

LUTETIA HOTEL

OR EQUIVALENT DEPENDING ON AVAILABILITY



An iconic landmark hotel in Paris's Saint-Germain-des-Prés, the Lutetia is the city's only luxury palace hotel on the Left Bank.

Since 1910, a bastion of the shift from Art Nouveau to Art Deco, the Lutetia Paris has welcomed guests from near and far over the last century, providing them with a truly Parisian experience.

SALON SORBONNE





DAY 4 PROGRAM

Coaching and Mentoring for High-Impact Leadership



Training Sessions 9:30a.m.-1p.m.

Unlock the true power of leadership through coaching and mentoring. These sessions dive into the essential skills—active listening, goal-setting, and constructive feedback—that drive high performance. Discover how to recognize and nurture your team's talent while building a sustainable coaching culture that fuels continuous growth, collaboration, and long-term success.

LUNCH at LUTETIA 1p.m.-2:00pm

AFTERNOON TREASURE HUNT 2:30p.m.-4p.m.

Sharpen morning skills like active listening, constructive feedback, and talent recognition while hunting for THE TREASURE in Montmartre or the Louvre.

- **Montmartre Outdoor Hunt:** Navigate charming cobblestone streets, fostering team spirit and creative problem-solving.
- **Louvre Indoor Hunt:** Uncover secrets and earn points by exploring iconic masterpieces like the Mona Lisa and Venus de Milo.

DAY 5 VENUE

CHATEAU FORM'MONCEAU-RIO

OR EQUIVALENT DEPENDING ON AVAILBILITY

The residence of a Marshal of France, Marshal de Lattre de Tassigny.

A private mansion where contemporary art takes center stage.





DAY 5 – PROGRAM

Mastering Stakeholder Engagement and Communication

Training Sessions 9:30a.m.-12:30p.m.

Effective stakeholder management and communication are essential for the success of any project or organization. Conclude your journey by forging strong, trust-based relationships that unify diverse interests. On this last day, we will dive into the fundamentals of stakeholder management, learning how to identify and prioritize key stakeholders. Discover powerful stakeholder analysis techniques to assess needs and influence. Learn how to develop tailored communication strategies that engage stakeholders effectively and build lasting relationships. Explore methods for managing expectations and building trust, ensuring alignment and collaboration at all levels.

LUNCH at CHATEAU FORM'MONCEAU 12:30p.m. - 1:30p.m.

Workshop Sessions from 1:30p.m.-2:30pm

Consolidating the week's key insights and takeaways.

Suggested Afternoon Plans

1. Bateau Mouche on the Seine River
2. Opera Garnier
3. Atelier Renault
4. Louis Vuitton Foundation
5. Pantheon
6. Invalides
7. Notre Dame de Paris
8. Eiffel Tour



Suggested Dinner Locations

LE GRAND CONTROLE

A one-Michelin-star restaurant in Versailles run by a three-Michelin-star French chef, Alain Ducasse.

BEL CANTO

This unique restaurant experience blends fine dining with live opera, as classically trained servers perform opera songs between courses. The harmonious blend of culinary delights and musical talent creates an unforgettable evening of Parisian elegance.

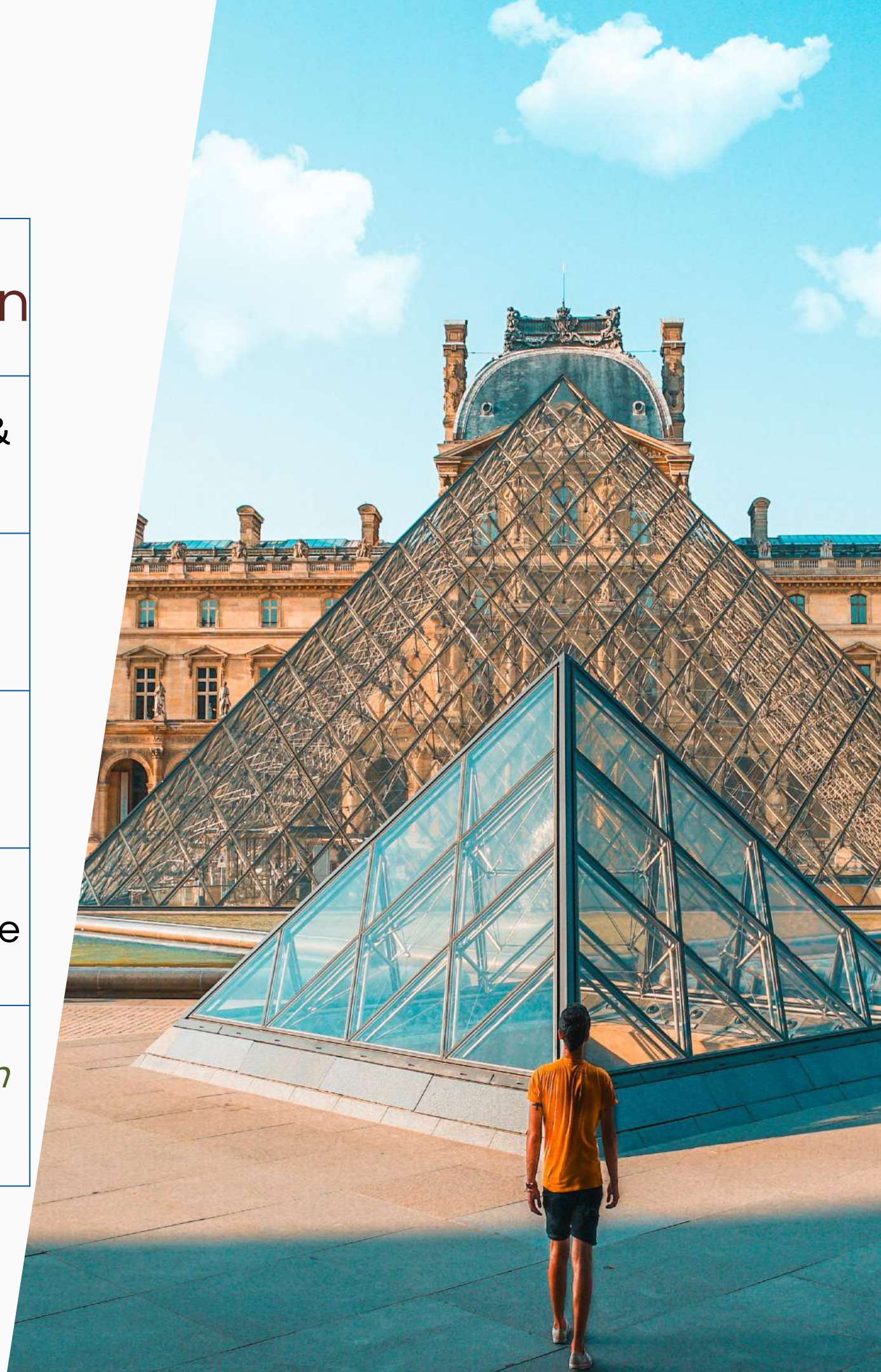
LE TRAINBLEU

Located in the historic Gare de Lyon, Le Train Bleu transports guests to the golden age of rail travel with its opulent Belle Époque décor. Exquisite French cuisine paired with the restaurant's storied past creates an enchanting, time-traveling dining experience.



A Week at a Glance

	TOPIC	VENUE	Early Afternoon
Day 1	Strategic Leadership Foundations and Principles	Château HEC	Versailles Gardens & fountains
Day 2	Emotional Intelligence Camp - Leadership in Diverse Environments	Château HEC	Guest speaker
Day 3	Adaptive Leadership and Change Management	TotalEnergies site visit	Guest speaker
Day 4	Coaching and Mentoring for Managers	Lutetia	Treasure Hunt in Montmartre or Louvre Museum
Day 5	Stakeholder Management and Communication	Chateauform' MONCEAU-RIO	<i>Enjoying Paris again and again !</i>





AYA EL HORR EL MIR

Aya El Horr El Mir holds a Doctorate in Business Administration in Transformational Leadership and Gender Equality from Grenoble Ecole de Management in France, an MBA from West Virginia University in the USA, and a Bachelor's Degree in Business Finance from the Lebanese American University in Lebanon.

Aya is a Leadership Coach and Corporate Trainer with over two decades of experience. As a Professional Certified Coach (PCC) with 1,300 coaching hours, accredited by the International Coaching Federation (ICF), Aya brings valuable expertise to corporate leaders, addressing their unique challenges.

In her current roles, Aya serves as an Adjunct Professor at IE University in Spain and a Lecturer at the Lebanese American University in Lebanon. Based in Paris, she founded LEADventures, her Leadership Training and Coaching company, where she continues to inspire and transform leaders and organizations globally.

As a corporate trainer, Aya delivers training on various topics such as Change Management, Coaching and Mentoring Skills for Managers, Emotional Intelligence, Managing Intergenerational Teams, Instilling Transformational Culture in the Workplace, and many other related subjects. Aya's client portfolio includes leading multinational corporations across Europe, such as CNN, Toyota, Amazon, Booking.com, Schneider Electric, Vacheron Constantin, Orange Telecom, ClubMed, Accor Finance, and L'Oreal. Additionally, she has worked in the Gulf region with the Zakat, Tax, and Customs Authority, the National Debt Management Center, the National Bank of Kuwait, and Kuwait Oil Company. Her impactful work has solidified her reputation in the leadership coaching and corporate training industry.



SAMAR EL HACHEM

Samar is a leadership coach, team coach, and change consultant, passionate about instilling and scaling change. She empowers leaders, teams, and organizations to navigate change and uncertainty with openness and determination. She is the founder of STRIVE for Change, an enterprise focused on providing coaching, training, and change management consultancy services.

With 18 years of international experience in the technology industry, she has honed her ability to create and lead multicultural, resilient, and adaptable teams. She is adept at defining, managing, and championing cross-regional operational and organizational transformation programs primarily in Europe, the Middle East, and Africa.

Samar graduated as a Computer Engineer and holds an Executive Master of Science in Change Leadership from HEC Paris in partnership with Oxford Saïd Business School. As a Professional Certified Coach (ACC) accredited by the International Coaching Federation (ICF), Samar blends the principles of positive psychology, NLP, and neuroscience into her coaching and training practice.

Fluent in English, French, and Arabic, Samar's linguistic versatility enables her to connect meaningfully with diverse audiences, capture the nuanced dynamics of local and global organizations, and deliver coaching and change management services that resonate across cultural and regional contexts.



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